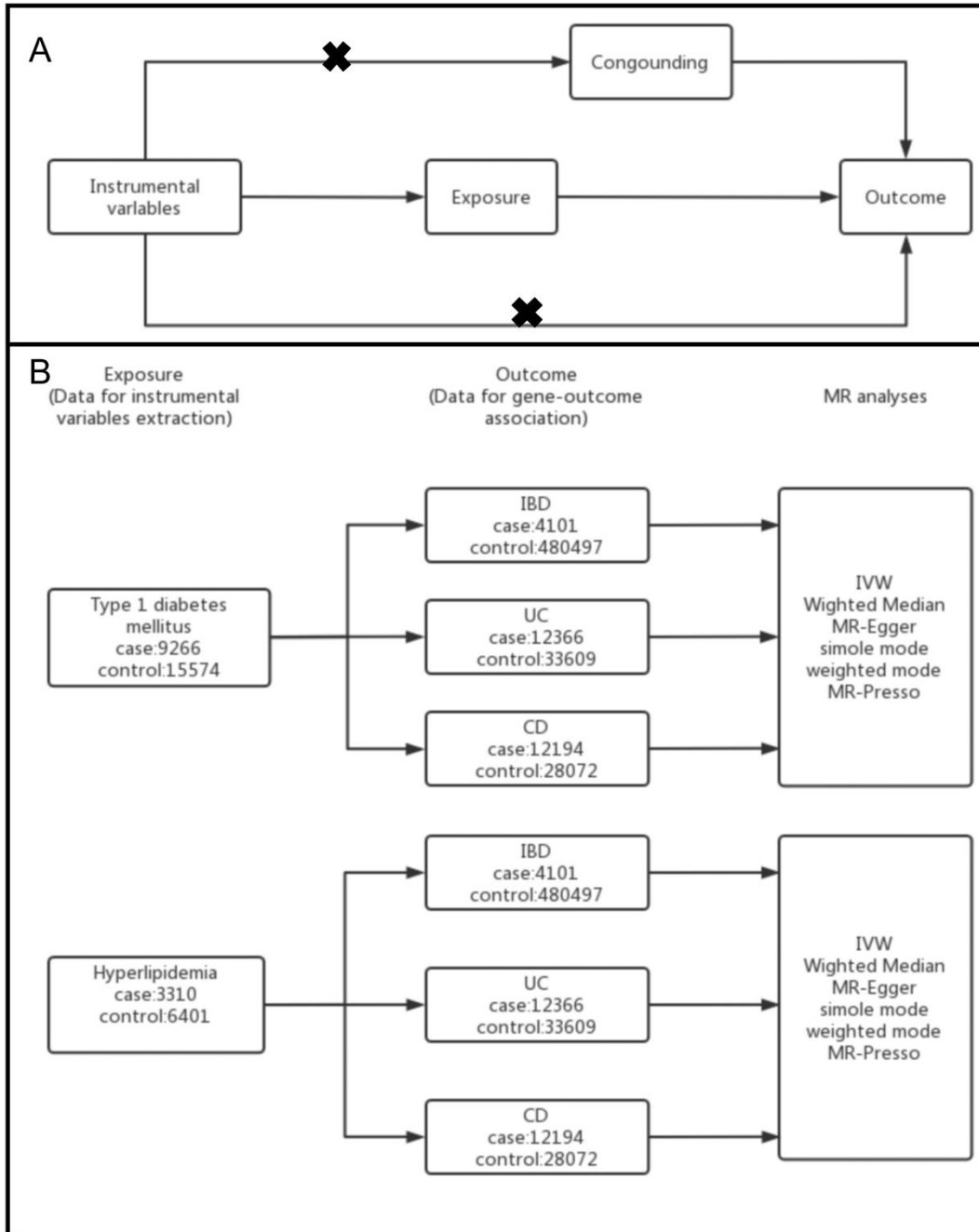
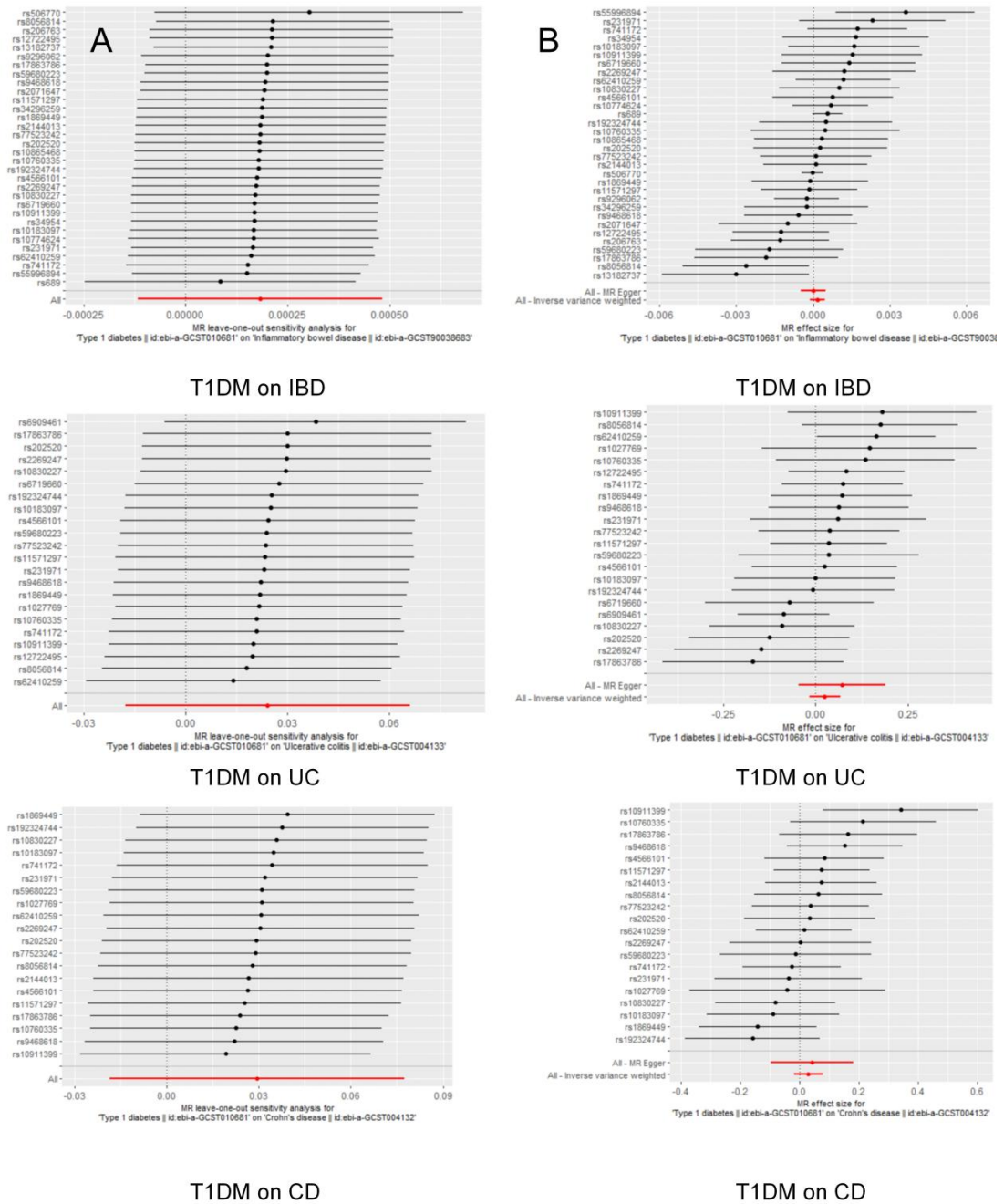


Figure S1. Schematic overview of the study design.



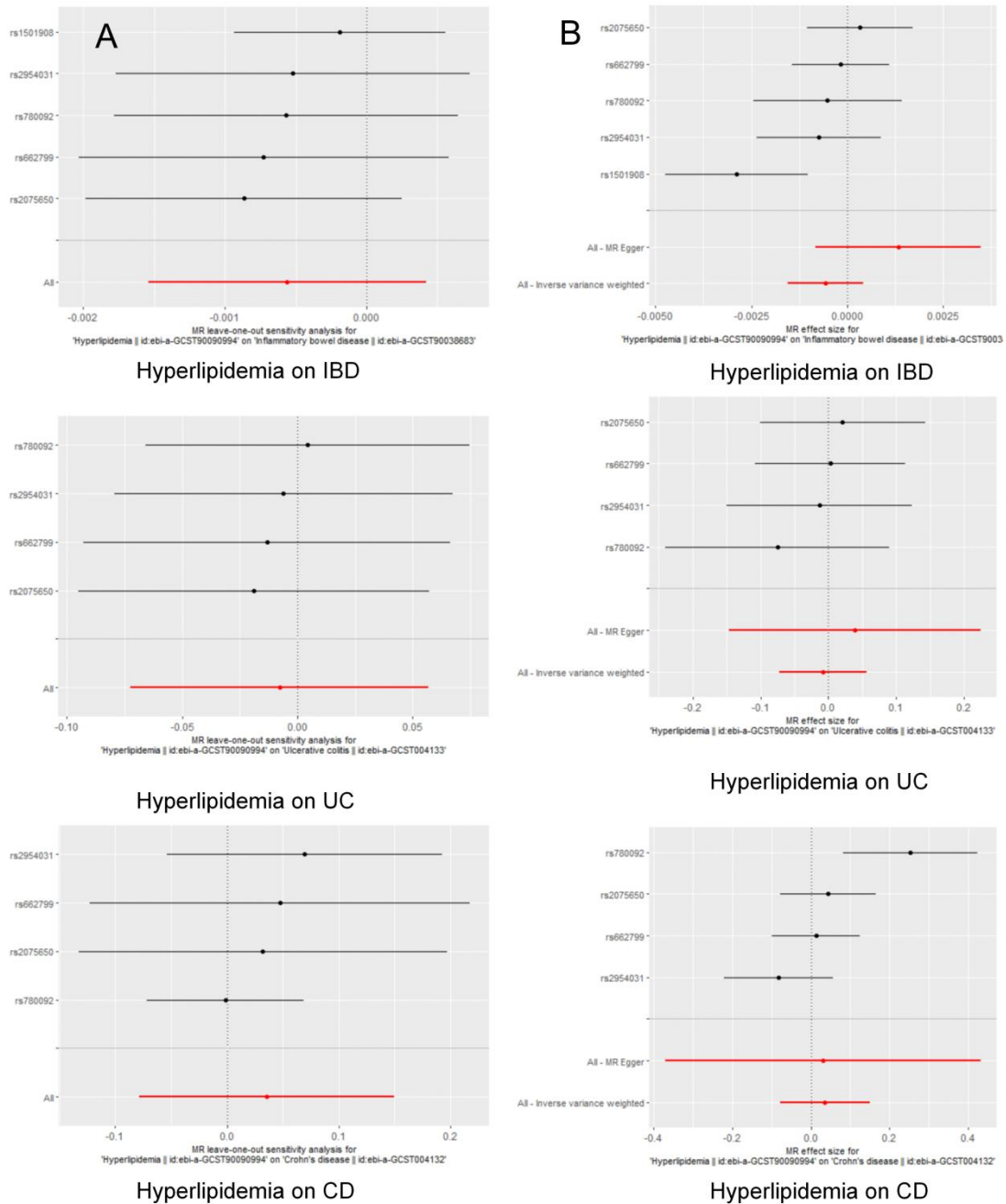
(A) Mendelian randomization [MR] illustration. There are three principal assumptions in MR design, namely the genetic instrumental variables should [1] be associated with exposure, [2] be associated with outcome only via exposure and [3] not be associated with any measured or unmeasured confounding factors. (B) MR study from T1D, Hyperlipidemia to IBD: independent SNPs for T1D and Hyperlipidemia were identified as instrumental variables, whereas summary statistics of gene-IBD associations were retrieved separately from the GWAS performed by ieu. MR Analysis was performed on each result database.

Figure S2. Leave-one-out plot and forest plot of MR analyses from T1DM on IBD



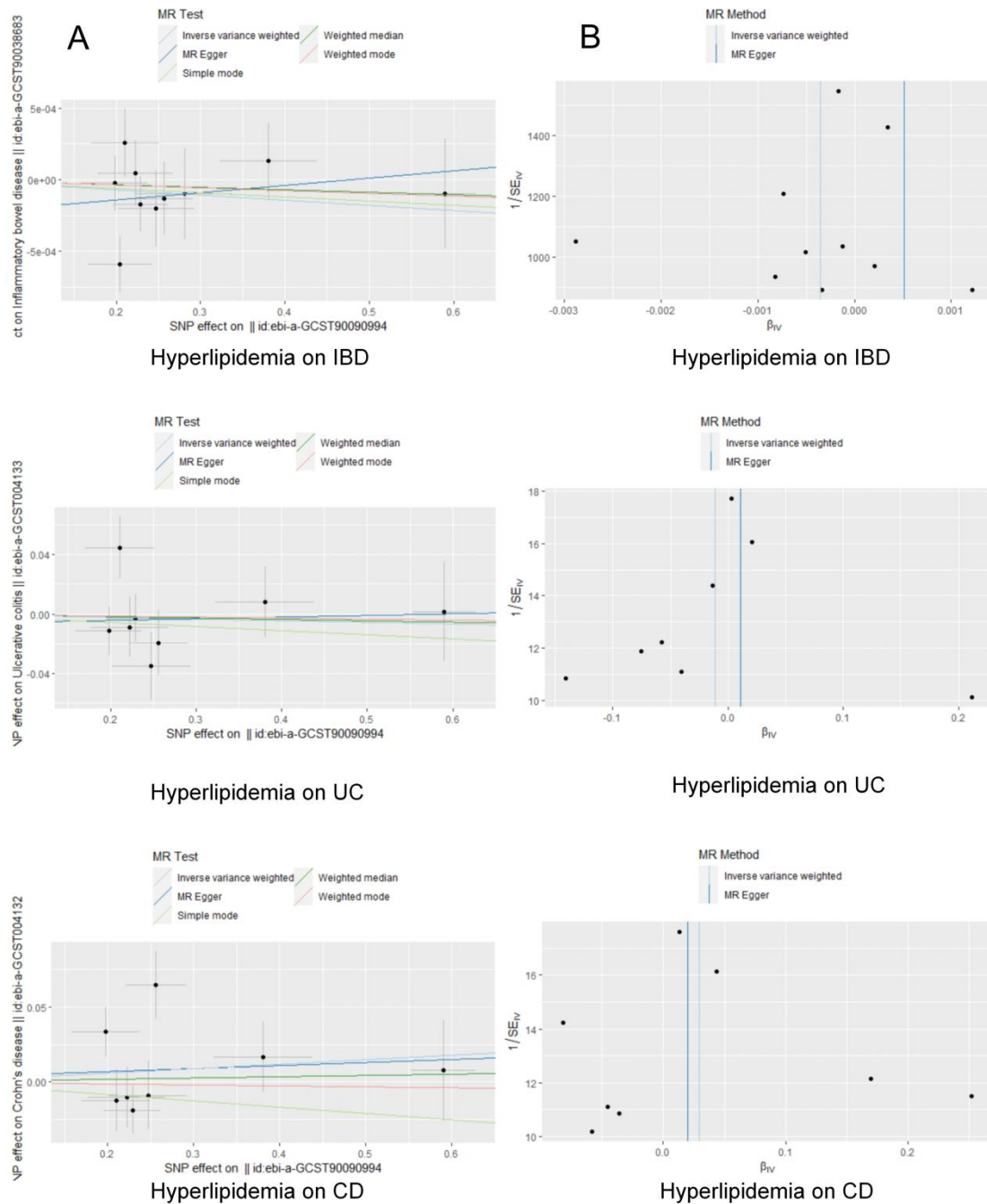
(A) The leave-one-out sensitivity analysis plot of the causal effect of T1DM on IBD and its subtypes risk. After removing each SNP, the overall error lines did not change much, indicating that the results were reliable. All: the overall effect without removing SNPs. (B) The forest plot of the causal effect of T1DM on IBD and its subtypes risk. The effect of each SNP was calculated separately, and the overall effect was calculated using MR Egger and IVW methods.

Figure S3. Leave-one-out plot and forest plot of MR analyses from Hyperlipidemia on IBD



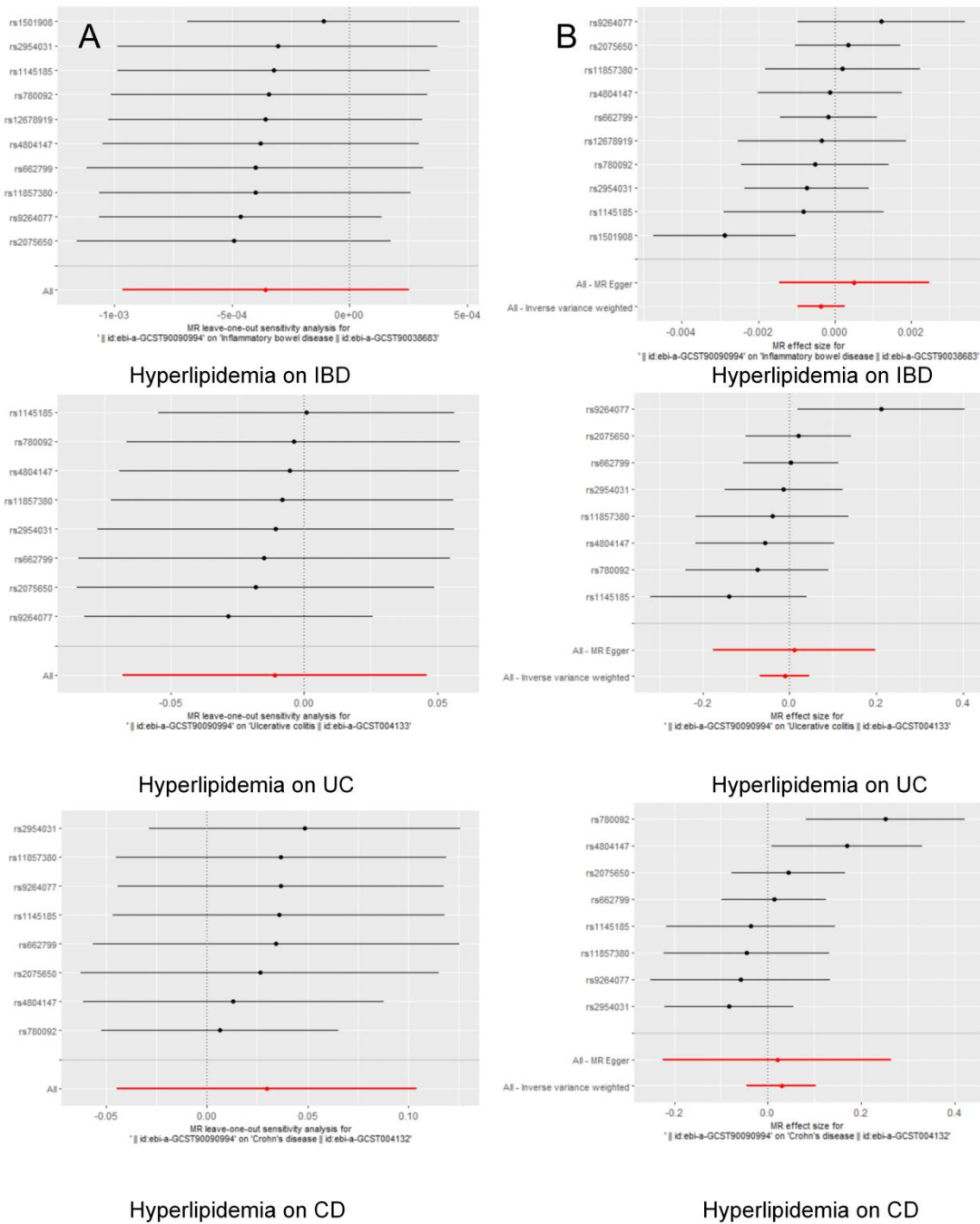
(A) The leave-one-out sensitivity analysis plot of the causal effect of Hyperlipidemia on IBD and its subtypes risk. After removing each SNP, the overall error lines did not change much, indicating that the results were reliable. All: the overall effect without removing SNPs. **(B)** The forest plot of the causal effect of Hyperlipidemia on IBD and its subtypes risk. The effect of each SNP was calculated separately, and the overall effect was calculated using MR Egger and IVW methods.

Figure S4. Scatter plot and funnel plot from Hyperlipidemia on IBD



(A) Scatter plots of risk causality of hyperlipidemia for IBD and its subtypes after repeated screening of instrumental variables.. Analyses were conducted using the inverse-variance weighted, MR-Egger, Weighted Median, Simple Mode, and Weighted Mode methods. The slope of each line corresponding to the causal estimates for each method. (B) The funnel plot of the causal effect of Hyperlipidemia on IBD and its subtypes risk. Individual SNP was delineated in the background.; IBD, inflammatory bowel disease; UC, ulcerative colitis; CD, Crohn's disease; SNP, single nucleotide polymorphism.

Figure S5. Leave-one-out plot and forest plot of MR analyses from Hyperlipidemia on IBD



(A) Residual sensitivity analysis of causality between hyperlipidemia and IBD and its subtypes after re-screening of instrumental variables. After removing each SNP, the overall error lines did not change much, indicating that the results were reliable. All: the overall effect without removing SNPs. (B) The forest plot of the causal effect of Hyperlipidemia on IBD and its subtypes risk. The effect of each SNP was calculated separately, and the overall effect was calculated using MR Egger and IVW methods.

Table S1. Instrumental variables for T1DM on IBD (significant level of $p < 5 \times 10^{-6}$).

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|-------------|--------|-----------|---------|--------|----------------|--------------|
| rs10911399 | 0.0455 | 6.75E-09 | -0.3707 | 0.064 | 0.011936101 | 300.0503159 |
| rs2269247 | 0.1804 | 7.28E-09 | 0.1709 | 0.0295 | 0.008636795 | 216.3896233 |
| rs1869449 | 0.2967 | 4.55E-11 | 0.1769 | 0.0269 | 0.013060019 | 328.6772961 |
| rs10865468 | 0.2527 | 4.66E-09 | -0.1624 | 0.0277 | 0.009960985 | 249.900188 |
| rs11571297 | 0.4844 | 1.11E-16 | -0.1964 | 0.0237 | 0.019267706 | 487.9734039 |
| rs10183097 | 0.1362 | 1.82E-10 | 0.2053 | 0.0322 | 0.009917408 | 248.7960036 |
| rs192324744 | 0.0131 | 1.36E-10 | 0.562 | 0.0875 | 0.008166709 | 204.5149276 |
| rs6719660 | 0.9354 | 2.52E-08 | 0.2918 | 0.0524 | 0.010290357 | 258.2493728 |
| rs17863786 | 0.0293 | 4.26E-11 | 0.4144 | 0.0628 | 0.009768371 | 245.0202439 |
| rs1027769 | 0.9966 | 3.52E-10 | -0.9962 | 0.1588 | 0.006725474 | 168.1783919 |
| rs62410259 | 0.077 | 1.02E-12 | -0.3796 | 0.0533 | 0.020482116 | 519.3726577 |
| rs17125653 | 0.077 | 4.75E-09 | 0.2355 | 0.0402 | 0.007883231 | 197.3595186 |
| rs13182737 | 0.2553 | 1.49E-08 | 0.1465 | 0.0259 | 0.008160888 | 204.3679583 |
| rs9296062 | 0.0509 | 1.37E-37 | 0.6913 | 0.054 | 0.046173507 | 1202.375469 |
| rs6909461 | 0.2529 | 3.06E-21 | -0.314 | 0.0332 | 0.03725777 | 961.2214597 |
| rs506770 | 0.768 | 3.33E-123 | 1.0048 | 0.0426 | 0.35978119 | 13958.11095 |

| | | | | | | |
|-------------|--------|----------|---------|--------|-------------|-------------|
| rs185774696 | 0.1772 | 2.66E-54 | 0.6489 | 0.0418 | 0.1227845 | 3476.593151 |
| rs9468618 | 0.0975 | 7.53E-10 | -0.3009 | 0.0489 | 0.015934051 | 402.178283 |
| rs206763 | 0.0202 | 2.93E-18 | 0.6792 | 0.0779 | 0.018260563 | 461.9920903 |
| rs2144013 | 0.2093 | 1.76E-12 | 0.2234 | 0.0317 | 0.016518755 | 417.184189 |
| rs34296259 | 0.0082 | 1.43E-08 | 0.6637 | 0.1171 | 0.007164924 | 179.2466708 |
| rs10760335 | 0.3205 | 2.43E-08 | 0.1357 | 0.0243 | 0.008020606 | 200.826564 |
| rs77523242 | 0.0623 | 5.42E-09 | -0.3705 | 0.0635 | 0.016038302 | 404.8524878 |
| rs12722495 | 0.1122 | 1.27E-14 | -0.3145 | 0.0408 | 0.019705129 | 499.2742701 |
| rs689 | 0.7109 | 2.30E-87 | 0.7004 | 0.0354 | 0.201641016 | 6273.317701 |
| rs10830227 | 0.5741 | 1.02E-11 | 0.1582 | 0.0233 | 0.01223878 | 307.7533523 |
| rs79075295 | 0.0921 | 1.46E-11 | -0.4192 | 0.0621 | 0.029388011 | 752.0403816 |
| rs202520 | 0.7222 | 7.97E-10 | -0.1573 | 0.0256 | 0.009928352 | 249.0732944 |
| rs59680223 | 0.0081 | 5.00E-10 | 0.6421 | 0.1032 | 0.006625036 | 165.6500827 |
| rs10774624 | 0.5037 | 1.34E-25 | -0.2556 | 0.0244 | 0.032663891 | 838.7009675 |
| rs2071647 | 0.2755 | 3.30E-09 | 0.1526 | 0.0258 | 0.009296063 | 233.0621721 |
| rs201417739 | 0.075 | 3.41E-10 | -0.416 | 0.0663 | 0.02401152 | 611.0708743 |
| rs55996894 | 0.204 | 3.13E-08 | -0.1785 | 0.0323 | 0.010347839 | 259.7070369 |
| rs4566101 | 0.2697 | 6.23E-12 | 0.1755 | 0.0255 | 0.012132952 | 305.059538 |
| rs741172 | 0.3205 | 3.11E-15 | -0.2034 | 0.0258 | 0.018019776 | 455.7884009 |

| | | | | | | |
|-----------|--------|----------|--------|--------|-------------|-------------|
| rs231971 | 0.1026 | 1.55E-09 | 0.2411 | 0.0399 | 0.010704289 | 268.7499172 |
| rs8056814 | 0.0793 | 1.99E-10 | 0.2641 | 0.0415 | 0.010184932 | 255.5763659 |

Table S2. Instrumental variables for T1DM on CD(significant level of $p < 5 \times 10^{-8}$).

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|-------------|--------|----------|---------|--------|----------------|--------------|
| rs10911399 | 0.0455 | 6.75E-09 | -0.3707 | 0.064 | 0.011936101 | 300.0503159 |
| rs2269247 | 0.1804 | 7.28E-09 | 0.1709 | 0.0295 | 0.008636795 | 216.3896233 |
| rs1869449 | 0.2967 | 4.55E-11 | 0.1769 | 0.0269 | 0.013060019 | 328.6772961 |
| rs202520 | 0.7222 | 7.97E-10 | -0.1573 | 0.0256 | 0.009928352 | 249.0732944 |
| rs11571297 | 0.4844 | 1.11E-16 | -0.1964 | 0.0237 | 0.019267706 | 487.9734039 |
| rs10183097 | 0.1362 | 1.82E-10 | 0.2053 | 0.0322 | 0.009917408 | 248.7960036 |
| rs192324744 | 0.0131 | 1.36E-10 | 0.562 | 0.0875 | 0.008166709 | 204.5149276 |
| rs6719660 | 0.9354 | 2.52E-08 | 0.2918 | 0.0524 | 0.010290357 | 258.2493728 |
| rs17863786 | 0.0293 | 4.26E-11 | 0.4144 | 0.0628 | 0.009768371 | 245.0202439 |
| rs1027769 | 0.9966 | 3.52E-10 | -0.9962 | 0.1588 | 0.006725474 | 168.1783919 |
| rs62410259 | 0.077 | 1.02E-12 | -0.3796 | 0.0533 | 0.020482116 | 519.3726577 |
| rs34954 | 0.0443 | 1.25E-08 | -0.4912 | 0.0863 | 0.020430172 | 518.028015 |
| rs13182737 | 0.2553 | 1.49E-08 | 0.1465 | 0.0259 | 0.008160888 | 204.3679583 |

| | | | | | | |
|-------------|--------|----------|---------|--------|-------------|-------------|
| rs231971 | 0.1026 | 1.55E-09 | 0.2411 | 0.0399 | 0.010704289 | 268.7499172 |
| rs6909461 | 0.2529 | 3.06E-21 | -0.314 | 0.0332 | 0.03725777 | 961.2214597 |
| rs201417739 | 0.075 | 3.41E-10 | -0.416 | 0.0663 | 0.02401152 | 611.0708743 |
| rs185774696 | 0.1772 | 2.66E-54 | 0.6489 | 0.0418 | 0.1227845 | 3476.593151 |
| rs9468618 | 0.0975 | 7.53E-10 | -0.3009 | 0.0489 | 0.015934051 | 402.178283 |
| rs206763 | 0.0202 | 2.93E-18 | 0.6792 | 0.0779 | 0.018260563 | 461.9920903 |
| rs2144013 | 0.2093 | 1.76E-12 | 0.2234 | 0.0317 | 0.016518755 | 417.184189 |
| rs8056814 | 0.0793 | 1.99E-10 | 0.2641 | 0.0415 | 0.010184932 | 255.5763659 |
| rs10760335 | 0.3205 | 2.43E-08 | 0.1357 | 0.0243 | 0.008020606 | 200.826564 |
| rs77523242 | 0.0623 | 5.42E-09 | -0.3705 | 0.0635 | 0.016038302 | 404.8524878 |
| rs12722495 | 0.1122 | 1.27E-14 | -0.3145 | 0.0408 | 0.019705129 | 499.2742701 |
| rs741172 | 0.3205 | 3.11E-15 | -0.2034 | 0.0258 | 0.018019776 | 455.7884009 |
| rs10830227 | 0.5741 | 1.02E-11 | 0.1582 | 0.0233 | 0.01223878 | 307.7533523 |
| rs79075295 | 0.0921 | 1.46E-11 | -0.4192 | 0.0621 | 0.029388011 | 752.0403816 |
| rs1131017 | 0.5803 | 4.24E-25 | -0.2461 | 0.0238 | 0.029501545 | 755.0340495 |
| rs59680223 | 0.0081 | 5.00E-10 | 0.6421 | 0.1032 | 0.006625036 | 165.6500827 |
| rs10774624 | 0.5037 | 1.34E-25 | -0.2556 | 0.0244 | 0.032663891 | 838.7009675 |
| rs4566101 | 0.2697 | 6.23E-12 | 0.1755 | 0.0255 | 0.012132952 | 305.059538 |

Table S3. Instrumental variables for T1DM on UC(significant level of $p < 5 \times 10^{-8}$).

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|-------------|--------|----------|---------|--------|----------------|--------------|
| rs10911399 | 0.0455 | 6.75E-09 | -0.3707 | 0.064 | 0.011936101 | 300.0503159 |
| rs2269247 | 0.1804 | 7.28E-09 | 0.1709 | 0.0295 | 0.008636795 | 216.3896233 |
| rs1869449 | 0.2967 | 4.55E-11 | 0.1769 | 0.0269 | 0.013060019 | 328.6772961 |
| rs202520 | 0.7222 | 7.97E-10 | -0.1573 | 0.0256 | 0.009928352 | 249.0732944 |
| rs11571297 | 0.4844 | 1.11E-16 | -0.1964 | 0.0237 | 0.019267706 | 487.9734039 |
| rs10183097 | 0.1362 | 1.82E-10 | 0.2053 | 0.0322 | 0.009917408 | 248.7960036 |
| rs192324744 | 0.0131 | 1.36E-10 | 0.562 | 0.0875 | 0.008166709 | 204.5149276 |
| rs6719660 | 0.9354 | 2.52E-08 | 0.2918 | 0.0524 | 0.010290357 | 258.2493728 |
| rs17863786 | 0.0293 | 4.26E-11 | 0.4144 | 0.0628 | 0.009768371 | 245.0202439 |
| rs1027769 | 0.9966 | 3.52E-10 | -0.9962 | 0.1588 | 0.006725474 | 168.1783919 |
| rs62410259 | 0.077 | 1.02E-12 | -0.3796 | 0.0533 | 0.020482116 | 519.3726577 |
| rs34954 | 0.0443 | 1.25E-08 | -0.4912 | 0.0863 | 0.020430172 | 518.028015 |
| rs13182737 | 0.2553 | 1.49E-08 | 0.1465 | 0.0259 | 0.008160888 | 204.3679583 |
| rs231971 | 0.1026 | 1.55E-09 | 0.2411 | 0.0399 | 0.010704289 | 268.7499172 |
| rs6909461 | 0.2529 | 3.06E-21 | -0.314 | 0.0332 | 0.03725777 | 961.2214597 |
| rs201417739 | 0.075 | 3.41E-10 | -0.416 | 0.0663 | 0.02401152 | 611.0708743 |
| rs185774696 | 0.1772 | 2.66E-54 | 0.6489 | 0.0418 | 0.1227845 | 3476.593151 |

| | | | | | | |
|------------|--------|----------|---------|--------|-------------|-------------|
| rs9468618 | 0.0975 | 7.53E-10 | -0.3009 | 0.0489 | 0.015934051 | 402.178283 |
| rs206763 | 0.0202 | 2.93E-18 | 0.6792 | 0.0779 | 0.018260563 | 461.9920903 |
| rs2144013 | 0.2093 | 1.76E-12 | 0.2234 | 0.0317 | 0.016518755 | 417.184189 |
| rs8056814 | 0.0793 | 1.99E-10 | 0.2641 | 0.0415 | 0.010184932 | 255.5763659 |
| rs10760335 | 0.3205 | 2.43E-08 | 0.1357 | 0.0243 | 0.008020606 | 200.826564 |
| rs77523242 | 0.0623 | 5.42E-09 | -0.3705 | 0.0635 | 0.016038302 | 404.8524878 |
| rs12722495 | 0.1122 | 1.27E-14 | -0.3145 | 0.0408 | 0.019705129 | 499.2742701 |
| rs741172 | 0.3205 | 3.11E-15 | -0.2034 | 0.0258 | 0.018019776 | 455.7884009 |
| rs10830227 | 0.5741 | 1.02E-11 | 0.1582 | 0.0233 | 0.01223878 | 307.7533523 |
| rs79075295 | 0.0921 | 1.46E-11 | -0.4192 | 0.0621 | 0.029388011 | 752.0403816 |
| rs1131017 | 0.5803 | 4.24E-25 | -0.2461 | 0.0238 | 0.029501545 | 755.0340495 |
| rs59680223 | 0.0081 | 5.00E-10 | 0.6421 | 0.1032 | 0.006625036 | 165.6500827 |
| rs10774624 | 0.5037 | 1.34E-25 | -0.2556 | 0.0244 | 0.032663891 | 838.7009675 |
| rs4566101 | 0.2697 | 6.23E-12 | 0.1755 | 0.0255 | 0.012132952 | 305.059538 |

Table S4. Instrumental variables for Hyperlipidemia on IBD(significant level of $p < 5 \cdot 10^{-8}$)

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|-----------|---------|----------|---------|---------|----------------|--------------|
| rs780092 | 0.364 | 1.09E-13 | -0.2564 | 0.03451 | 0.03043859 | 304.9003262 |
| rs1501908 | 0.7302 | 4.80E-08 | 0.2047 | 0.03751 | 0.016510091 | 163.0377676 |
| rs2954031 | 0.5309 | 1.87E-12 | -0.2289 | 0.0325 | 0.02609755 | 260.2513282 |
| rs662799 | 0.7244 | 8.11E-58 | -0.5901 | 0.03682 | 0.139039718 | 1568.427458 |
| rs2075650 | 0.08196 | 3.25E-11 | 0.3808 | 0.05739 | 0.021821642 | 216.6596579 |

Table S5. Instrumental variables for Hyperlipidemia on CD(significant level of $p < 5 \cdot 10^{-8}$)

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|-----------|---------|----------|---------|---------|----------------|--------------|
| rs780092 | 0.364 | 1.09E-13 | -0.2564 | 0.03451 | 0.03043859 | 304.9003262 |
| rs2954031 | 0.5309 | 1.87E-12 | -0.2289 | 0.0325 | 0.02609755 | 260.2513282 |
| rs662799 | 0.7244 | 8.11E-58 | -0.5901 | 0.03682 | 0.139039718 | 1568.427458 |
| rs2075650 | 0.08196 | 3.25E-11 | 0.3808 | 0.05739 | 0.021821642 | 216.6596579 |

Table S6. Instrumental variables for Hyperlipidemia on UC(significant level of $p < 5*10^{-8}$)

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|-----------|---------|----------|---------|---------|----------------|--------------|
| rs780092 | 0.364 | 1.09E-13 | -0.2564 | 0.03451 | 0.03043859 | 304.9003262 |
| rs2954031 | 0.5309 | 1.87E-12 | -0.2289 | 0.0325 | 0.02609755 | 260.2513282 |
| rs662799 | 0.7244 | 8.11E-58 | -0.5901 | 0.03682 | 0.139039718 | 1568.427458 |
| rs2075650 | 0.08196 | 3.25E-11 | 0.3808 | 0.05739 | 0.021821642 | 216.6596579 |

Table S7. MR analysis of the causality of Hyperlipidemia on IBD (significant level of $p < 1*10^{-6}$)

| Exposure | Outcome | Number of SNPs | F statistic | Methods | OR (95%CI) | SE | P |
|----------------|---------|----------------|-------------|-----------------|---------------------|--------|--------|
| Hyperlipidemia | IBD | 10 | 319.324 | MR-Egger | 1.000 (0.998-1.002) | 0.0010 | 0.625 |
| | | | | Weighted median | 0.999 (0.999-1.000) | 0.0010 | 0.630 |
| | | | | IVW | 0.999 (0.999-1.000) | 0.0003 | 0.252 |
| | | | | Simple mode | 0.999 (0.998-1.000) | 0.0005 | 0.604 |
| | | | | Weighted mode | 0.999 (0.998-1.000) | 0.0004 | 0.709 |
| Hyperlipidemia | CD | 8 | 366.575 | MR-Egger | 1.020 (0.798-1.303) | 0.124 | 0.877 |
| | | | | Weighted median | 1.008 (0.937-1.085) | 0.037 | 0.8184 |
| | | | | IVW | 1.030 (0.956-1.109) | 0.037 | 0.435 |

| | | | | | | | |
|----------------|----|---|-------------|-----------------|---------------------|-------|--------|
| | | | | Simple mode | 0.958 (0.864-1.063) | 0.053 | 0.453 |
| | | | | Weighted mode | 0.993 (0.903-1.092) | 0.048 | 0.8956 |
| Hyperlipidemia | UC | 9 | 361.2537491 | MR-Egger | 1.011(0.838-1.219) | 0.095 | 0.911 |
| | | | | Weighted median | 0.990(0.927-1.058) | 0.033 | 0.787 |
| | | | | IVW | 0.989(0.934-1.047) | 0.029 | 0.704 |
| | | | | Simple mode | 0.972(0.887-1.066) | 0.046 | 0.575 |
| | | | | Weighted mode | 0.993(0.917-1.074) | 0.040 | 0.870 |

IBD, inflammatory bowel disease; UC, ulcerative colitis; CD, Crohn's disease; IVW, inverse variance weighted; OR, odds ratio; CI, confidence interval; SE, standard error

Table S8. Sensitivity analyses of MR. (significant level of $p < 1 \times 10^{-6}$)

| Exposure | outcome | Horizontal pleiotropy | | | | | | Heterogeneity | | | | | |
|----------------|---------|-------------------------------|---------|-------------|----|---------------------|-------|---------------|-------|----|-------------|-------|----|
| | | MR-PRESSO global outlier test | | | | MR-Egger regression | | MR-Egger | | | IVW | | |
| | | P | Outlier | OR(95% CI)* | P* | Intercept | P | Q statistic | P | P# | Q statistic | P | P# |
| Hyperlipidemia | IBD | 0.3136 | NA | NA | NA | -0.0002 | 0.390 | 9.884 | 0.273 | NA | 10.902 | 0.282 | NA |

| | | | | | | | | | | | | | |
|--|----|--------|----|----|----|---------|-------|--------|-------|----|--------|-------|----|
| | CD | 0.0729 | NA | NA | NA | 0.0027 | 0.938 | 14.098 | 0.028 | NA | 14.113 | 0.049 | NA |
| | UC | 0.3773 | NA | NA | NA | -0.0063 | 0.814 | 8.332 | 0.214 | NA | 8.416 | 0.297 | NA |

*MR analysis using IVW method after removing outliers identified by MR-PRESSO method.

Heterogeneity test after removing outliers.

IBD, inflammatory bowel disease; CD, Crohn's disease; UC, ulcerative colitis; ; IVW, inverse variance weighted; OR, odds ratio; CI, confidence interval; SE, standard error.

Table S9. Instrumental variables for Hyperlipidemia on IBD(significant level of $p < 1 \times 10^{-6}$)

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|------------|---------|----------|---------|---------|----------------|--------------|
| rs1145185 | 0.1403 | 5.16E-08 | 0.2475 | 0.1403 | 0.014776957 | 145.6663079 |
| rs11857380 | 0.1442 | 7.46E-07 | 0.2228 | 0.1442 | 0.012251744 | 120.4648414 |
| rs12678919 | 0.1002 | 7.56E-07 | -0.2809 | 0.1002 | 0.014228109 | 140.1778608 |
| rs1501908 | 0.7302 | 4.80E-08 | 0.2047 | 0.7302 | 0.016510091 | 163.0377676 |
| rs2075650 | 0.08196 | 3.25E-11 | 0.3808 | 0.08196 | 0.021821642 | 216.6596579 |
| rs2954031 | 0.5309 | 1.87E-12 | -0.2289 | 0.0325 | 0.02609755 | 260.2513282 |
| rs4804147 | 0.2208 | 4.55E-07 | 0.198 | 0.03925 | 0.013489889 | 132.8053352 |
| rs662799 | 0.7244 | 8.11E-58 | -0.5901 | 0.03682 | 0.139039718 | 1568.427458 |
| rs780092 | 0.364 | 1.09E-13 | -0.2564 | 0.03451 | 0.03043859 | 304.9003262 |
| rs9264077 | 0.2022 | 1.63E-07 | 0.2105 | 0.04019 | 0.01429583 | 140.8547377 |

Table S10. Instrumental variables for Hyperlipidemia on CD (significant level of $p < 1*10^{-6}$)

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|-----------|---------|----------|---------|---------|----------------|--------------|
| rs1145185 | 0.1403 | 5.16E-08 | 0.2475 | 0.1403 | 0.014776957 | 145.6663079 |
| rs2075650 | 0.08196 | 3.25E-11 | 0.3808 | 0.08196 | 0.021821642 | 216.6596579 |
| rs9264077 | 0.2022 | 1.63E-07 | 0.2105 | 0.04019 | 0.01429583 | 140.8547377 |
| rs1501908 | 0.7302 | 4.80E-08 | 0.2047 | 0.7302 | 0.016510091 | 163.0377676 |
| rs2954031 | 0.5309 | 1.87E-12 | -0.2289 | 0.0325 | 0.02609755 | 260.2513282 |
| rs4804147 | 0.2208 | 4.55E-07 | 0.198 | 0.03925 | 0.013489889 | 132.8053352 |
| rs662799 | 0.7244 | 8.11E-58 | -0.5901 | 0.03682 | 0.139039718 | 1568.427458 |
| rs780092 | 0.364 | 1.09E-13 | -0.2564 | 0.03451 | 0.03043859 | 304.9003262 |

Table S11. Instrumental variables for Hyperlipidemia on UC (significant level of $p < 1*10^{-6}$)

| SNP | EAF | P-value | Bate | Se | R ² | F statistics |
|------------|---------|----------|---------|---------|----------------|--------------|
| rs1145185 | 0.1403 | 5.16E-08 | 0.2475 | 0.1403 | 0.014776957 | 145.6663079 |
| rs11857380 | 0.1442 | 7.46E-07 | 0.2228 | 0.1442 | 0.012251744 | 120.4648414 |
| rs2075650 | 0.08196 | 3.25E-11 | 0.3808 | 0.08196 | 0.021821642 | 216.6596579 |
| rs9264077 | 0.2022 | 1.63E-07 | 0.2105 | 0.04019 | 0.01429583 | 140.8547377 |
| rs2954031 | 0.5309 | 1.87E-12 | -0.2289 | 0.0325 | 0.02609755 | 260.2513282 |
| rs4804147 | 0.2208 | 4.55E-07 | 0.198 | 0.03925 | 0.013489889 | 132.8053352 |

| | | | | | | |
|----------|--------|----------|---------|---------|-------------|-------------|
| rs662799 | 0.7244 | 8.11E-58 | -0.5901 | 0.03682 | 0.139039718 | 1568.427458 |
| rs780092 | 0.364 | 1.09E-13 | -0.2564 | 0.03451 | 0.03043859 | 304.9003262 |

Table S12. Detailed data sources for Instrumental variables

| Disease | Study | Journal | PMID | Sample size | GWAS ID |
|----------------|-------------------------------|---------------|----------|-------------|--------------------|
| IBD | Handan Melike Dönertaş et al. | Nat Aging | 33959723 | 484,598 | ebi-a-GCST90038683 |
| CD | de Lange KM et al. | Nat Genet. | 28067908 | 40,266 | ebi-a-GCST004132 |
| UC | de Lange KM et al. | Nat Genet. | 28067908 | 45,975 | ebi-a-GCST004133 |
| T1DM | Forgetta V et al. | Diabetes | 32005708 | 24840 | ebi-a-GCST010681 |
| Hyperlipidemia | Chou WC et al. | NPJ Genom Med | 35046404 | 9,714 | ebi-a-GCST90090994 |

IBD, inflammatory bowel disease; CD, Crohn's disease; UC, ulcerative colitis; T1DM, Type 1 Diabetes Mellitus